

# menus for March 2022



Henry  
County  
High  
Schools

This institution is an equal opportunity provider.  
Menus are subject to change.

## Available Daily

### Breakfast (in blue):

Assorted Cereal  
Fresh Apples & Oranges  
100% Fruit Juice  
Choice of Low Fat Milk

### Lunch:

Fresh Apples & Oranges  
Choice of Low Fat Milk

\*Pork products listed in pink.



1 Student Breakfast & 1 Lunch Free Every School Day!

| HCS School Meal Prices     | Breakfast | Lunch  |
|----------------------------|-----------|--------|
| Student Second Meals       | \$1.75    | \$3.25 |
| MILK ONLY                  | \$0.40    | \$0.40 |
| Henry County Schools Staff | \$1.75    | \$3.00 |
| Adult Visitor              | \$1.75    | \$3.25 |

## Featured Specials of the Day

### Monday, February 28

Blueberry Mini Pancakes, Assorted Cereal,  
Chicken Sandwich, Hot Dog, Whole Kernel  
Corn, Baked Beans, Pineapple Tidbits

### Tuesday, March 1

Breakfast Bun, Mini Bagels w/ Cream Cheese,  
BBQ Sandwich, Deli Turkey Sandwich, Seasoned  
Fries, California Mixed Vegetables, Sliced Peaches

### Wednesday, March 2

Sausage Biscuit, Assorted Cereal,  
Chicken Nuggets w/ Roll, PBJ/Wow Sandwich  
w/ Chips, Steamed Broccoli, Mashed Potatoes,  
Fresh Apple

### Thursday, March 3

Blueberry Pancake Stick, Frosted Breakfast Pastry,  
Spaghetti w/ Garlic Toast, Deli Turkey Sandwich  
w/ Chips, Carrot Sticks w/ Ranch, Green Beans,  
Frozen Juice Cup

### Friday, March 4

Chicken Biscuit, Assorted Cereal,  
Stuffed Crust Pizza, PBJ/Wow Sandwich w/ Chips,  
Whole Kernel Corn, Garden Salad w/ Ranch,  
100% Juice

**DON'T GET!**

Take at least ONE

**FRUIT or  
VEGGIE**

and at least THREE  
items total so your meal  
counts as a complete lunch!



## Featured Specials of the Day

### Monday, March 7

Sausage Biscuit, Assorted Cereal,  
Fiesta Chicken & Rice, PBJ/Wow Sandwich  
w/ Chips, Sweet Peas, Carrot Sticks w/ Ranch,  
Fruit Cocktail

### Tuesday, March 8

WG Muffin w/ Yogurt, Manager's Choice Breakfast,  
Cheeseburger, Deli Turkey Sandwich,  
Potato Tots, Garden Salad w/ Ranch, Sliced Peaches

### Wednesday, March 9

Pancakes & Sausage, Assorted Cereal,  
Popcorn Chicken w/ Roll, PBJ/Wow Sandwich  
w/ Chips, Steamed Broccoli, Mashed Potatoes,  
Fresh Tangerine

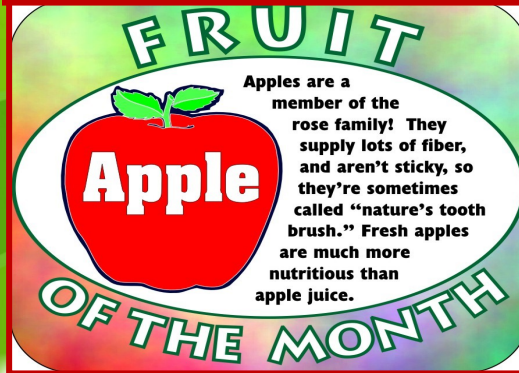
### Thursday, March 10

Strawberry Mini Pancakes, Frosted Breakfast Pastry,  
Beefy Nachos, PBJ/Wow Sandwich  
w/ Chips, Black Beans, Salsa, Carrot Sticks  
w/ Ranch, Frozen Juice Cup

### Friday, March 11

Chicken Biscuit, Assorted Cereal,  
Stuffed Crust Pizza, PBJ/Wow Sandwich w/ Chips,  
Whole Kernel Corn, Garden Salad w/ Ranch,  
100% Juice

## HARVEST OF THE MONTH:



### Featured Specials of the Day

**Monday, March 14**

Blueberry Mini Pancakes, Assorted Cereal,  
BBQ Sandwich, Hot Dog, Carrot Sticks w/ Ranch,  
Baked Beans, Pineapple Tidbits

**Tuesday, March 15**

WG Muffin w/ Yogurt, Frosted Breakfast Pastry,  
Corn Dog, Deli Turkey Sandwich, Seasoned Fries,  
Garden Salad w/ Ranch, Sliced Peaches

**Wednesday, March 16**

Sausage Biscuit, Assorted Cereal,  
Chicken Nuggets w/ Roll, PBJ/Wow Sandwich  
w/ Chips, Steamed Broccoli, Mashed Potatoes,  
Fresh Apple

**Thursday, March 17**

Manager's Choice, Breakfast Bun,  
Chicken Strips w/ Mac & Cheese, Deli Turkey Sandwich  
w/ Chips, Carrot Sticks w/ Ranch, Green Beans,  
Frozen Juice Cup

**Friday, March 18-Half Day**

Mini Bagels w/ Cream Cheese, Cereal Bar,  
Deli Turkey or PBJ/Wow Sack Lunch  
OR  
Stuffed Crust Pizza Grab & Go Tray

### Featured Specials of the Day

**Monday, March 21**

Strawberry Mini Pancakes, Assorted Cereal,  
Max Snax Tacos, PBJ/Wow Sandwich w/ Chips,  
Black Beans, Salsa, Carrot Sticks w/ Ranch, Fruit Cocktail

**Tuesday, March 22**

WG Muffin w/ Yogurt, Breakfast Frudel  
Chicken Sandwich, Deli Turkey Sandwich,  
Potato Tots, Garden Salad w/ Ranch, Sliced Pears

**Wednesday, March 23**

Sausage Biscuit, Assorted Cereal,  
Popcorn Chicken w/ Roll, PBJ/Wow Sandwich w/ Chips  
Steamed Broccoli, Mashed Potatoes,  
Fresh Tangerine

**Thursday, March 24**

Breakfast Bun, Frosted Breakfast Pastry,  
Fiesta Chicken & Rice, PBJ/Wow Sandwich w/ Chips,  
Sweet Peas, Carrot Sticks w/ Ranch, Frozen Juice Cup

**Friday, March 25**

Chicken Biscuit, Assorted Cereal,  
Stuffed Crust Pizza, PBJ/Wow Sandwich w/ Chips,  
Whole Kernel Corn, Garden Salad w/ Ranch,  
100% Juice

### Featured Specials of the Day

**Monday, March 28**

Blueberry Mini Pancakes, Assorted Cereal,  
BBQ Sandwich, Hot Dog, Carrot Sticks w/ Ranch,  
Baked Beans, Pineapple Tidbits

**Tuesday, March 29**

WG Muffin w/ Yogurt, Breakfast Bun,  
Cheeseburger, Deli Turkey Sandwich,  
Seasoned Fries, Garden Salad w/ Ranch,  
Sliced Peaches

**Wednesday, March 30**

Sausage Biscuit, Assorted Cereal,  
Chicken Nuggets w/ Roll, PBJ/Wow Sandwich  
w/ Chips, Steamed Broccoli, Mashed Potatoes,  
Fresh Apple

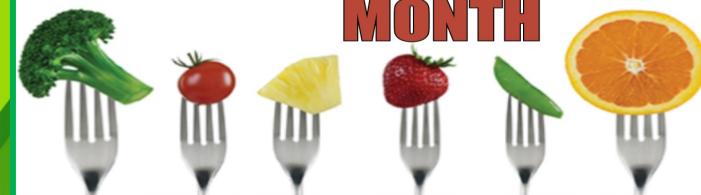
**Thursday, March 31**

Blueberry Pancake Stick, Frosted Breakfast Pastry,  
Spaghetti w/ Garlic Toast, Deli Turkey Sandwich  
w/ Chips, Carrot Sticks w/ Ranch, Green Beans,  
Frozen Juice Cup

**Friday, April 1**

Chicken Biscuit, Assorted Cereal,  
Stuffed Crust Pizza, PBJ/Wow Sandwich w/ Chips,  
Whole Kernel Corn, Garden Salad w/ Ranch,  
100% Juice

**MARCH IS NATIONAL NUTRITION MONTH**



**SPRING BREAK!**

**No School: April 4th-8th**